

What is happening at our school?

Welcome to week six!

Can you believe there are only 35 days until Christmas. Mrs Cotter is collecting Secret Santa presents. If you have yours organised, send it to school so we can pop it under the tree.



Partial Absences

If your child arrives to school after 9:30am or needs to leave before 3:30pm, you must complete a partial absence slip. Classroom teachers now have these in their classroom, so there is no need to visit the office. If you have a genuine reason, please let your child's classroom teacher know, otherwise the partial absence will be recorded as 'unjustified'.

Music Trio Visit

On Friday 9th November, we had a Music Trio visit. The three ladies played their instruments and told us a musical story. We learnt about instruments and made connections between them and animals. It was lots of fun. Thank you to Mrs Amanda Cooper for organising this wonderful experience for us last term. We really enjoyed it.



Healthwise Visit

Yesterday, Letecia from Healthwise visited KPPS. She delivered excellent workshops to the Lowies and Uppies on hand hygiene, brushing teeth and healthy drink choices.



These are important concepts and the workshops directly helped students achieve mandatory personal development, health and physical education outcomes. Thank you very much to Letecia and her Healthwise team for including Kelly's Plains Public School in their term four programs. We really appreciate your professional delivery of basic life skills.

Semester 2 Reports

Semester 2 reports will go home Monday 17th December 2018.

Remembrance Day

On Friday 9th November, students, staff and our school community commemorated Remembrance Day. Students spoke of the amazing war efforts our men and women have achieved in the past and still work towards in the future. Thank you for joining us at the special event and congratulations to the students who ran a wonderful assembly.



Kindergarten Orientation

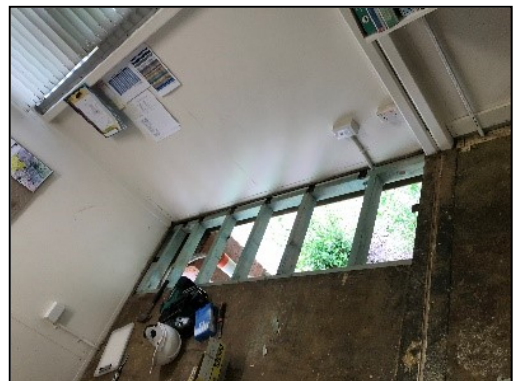
Kelly's Plains Public School offers an excellent Kindergarten Orientation program that allows our future students to...

GET READY FOR
KINDERGARTEN

Last Thursday, our new 2019 Kindergarten students enjoyed making new friends and creating a colourful paper dragon during their first day at Big School. Kindergarten Orientation is on Thursday 22nd and Thursday 29th November from 9:30-11:30am. Kelly's Plains Public School offers an exceptional education in small school setting and is a wonderful place to learn. We look forward to seeing our new students again this Thursday.

Principal's Office Update

Things are moving slowly as we fix the water leak problem in the Principal's office. Last week tradesman replaced the rotten wooden flooring. Hopefully, soon they can fix the actual water leak, so the room can be re-carpeted. Thanks again for your understanding toward this minor

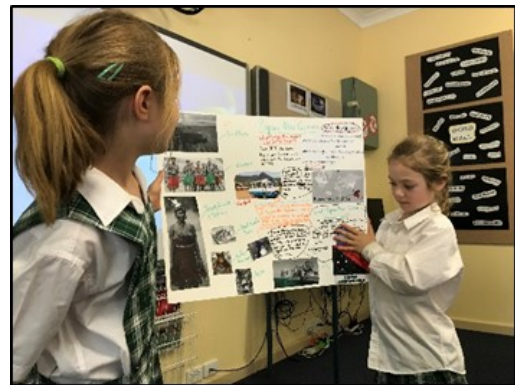


If you are visiting KPPS

If you are visiting Kelly's Plains Public School for any reason, you are required to sign the visitors' book in the front office. This book is an official record that ensures our visitors can be kept safe should evacuation or lockdown procedures occur while they are visiting KPPS.

CWA Visit

On Friday 16th November, our local Kelly's Plains CWA, represented by Joan, Janette and Lorraine, visited Kelly's Plains to teach us all about their 2018 country of study: Poland! Uppies students were able to present information on the 2019 country of study: Papua New Guinea. It was a wonderful afternoon full of learning. Congratulations to all the Uppies who confidently presented their PNG posters with confidence, pride and enthusiasm.



This was also a special occasion, where our P&C proudly presented the Country Women's Association with a donation of money to assist NSW farmers doing it tough during the current ongoing drought. The money raised from last terms Fire and Ice Night and Dress as a Farmer Day will make their way to our hard working farmers in the Northern Tablelands through the CWA and the Buy a Bale initiative.



Kelly's Plains Public School staff, students and Mrs Amanda Cooper would like to pass on their sincerest thanks to the community who so generously supported both events. We are sure that your kindness will broaden the smiles and warm the hearts of our farming families who are struggling through dry, tough times.

P&C Lunches

Thanks to our wonderful P&C for a delicious lunch last Friday. We enjoyed the tastiest zucchini slice and fruit salad. We're looking forward to a yummy ham or chicken salad wrap this Friday. Don't forget to put your lunch order in the orange mailbox.



Confidence and Persistence in the Playground

Students at KPPS have played with confidence and persistence in the playground this week, using new resources and different spaces to enjoy recess and lunch time. Congratulations to all student who have 'had a go', 'tried again' and 'not given up'. You have achieved success and should be proud of your ability try new things.



We love designing and engineering in the playground!



Chickadee Meatball Pops with Tropical Dunking Sauce

Polenta Crusted Chicken Meatballs with Mango Yogurt Dipping Sauce

Serves 6 What to do

250g lean minced chicken
 ¼ cup wholegrain breadcrumbs
 ⅓ cup grated Australian reduced-fat cheddar cheese
 ½ onion, finely chopped
 ¼ cup chopped parsley
 1 clove garlic, crushed
 2 tablespoons grated Australian parmesan cheese
 ⅓ cup polenta
 freshly ground black pepper, to taste
 12 icy-pole sticks
 1 cup Australian reduced-fat natural yogurt
 ¼ cup (50g) finely chopped mango
 1 tablespoon chopped fresh herbs (parsley, mint, chives etc)

1. Combine chicken, breadcrumbs, cheddar, onion, 2 tablespoons parsley, garlic and 1 tablespoon parmesan together.
2. Using wet hands, roll chicken into walnut sized balls. Roll chicken balls in combined polenta, pepper, remaining parsley and parmesan. Place balls on a lined baking sheet. Bake at 180°C for 25-30 minutes or until coating is lightly browned. Then press an icy-pole stick into each, while still warm.
3. For sauce, combine yogurt, mango and herbs. Serve chicken meatballs warm with sauce.



Nutrients Per Serve	
Energy	695kJ
Protein	14.1g
Total Fat	6.7g
- Saturated Fat	3.0g
Carbohydrate	11.4g
- Sugars	4.6g
Dietary Fibre	0.9g
Sodium	15.4mg
Calcium	16.3mg
Iron	0.9mg

Tip: Substitute finely chopped canned apricots, for mango if desired.

For Adults: Try using short lengths of lemon grass as skewers in place of icy-pole sticks, for an extra Asian flavour burst.

Dino Day

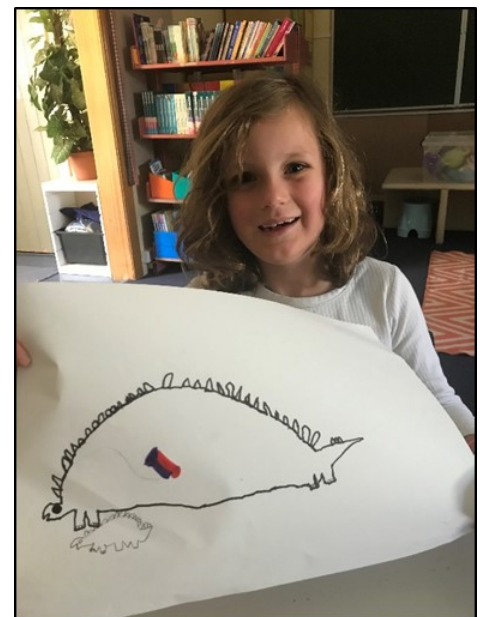
On Friday 16th November, the Lowies joined the Uppies for an awesome day of learning. "Dino Day" introduced a poem called "The Stegosaurus" by Val Neubecker, which helped students learn about rhyming words, stanzas and how important illustrations support a text. We predicted, read with expression, discovered word origins, clapped syllables and used them to help us spell tricky and unknown words. Students then worked with a confident and persistent attitude to draw a stegosaurus, discovering that all artworks are different and we can celebrate their differences. Thank you to all students, who made 'Dino Day' a super fun and hugely successful day of learning.



We started the day with fitness, stretching our mind and body ready to work confidently.



Drawing a Stegosaurus was challenging, but we had a red hot go and kept on trying to achieve success!



2018 CALENDAR - TERM 4								
MONTH	WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	SUN
November	6	19 9.30-11.30am Healthwise	20	21 9.30-11.30am YPEP 2	22 Kindergarten Orientation Day	23 P&C Lunch and Assembly	24	25
November / December	7	26	27	28 9.30-11.30am YPEP 3	29 Kindergarten Orientation Day	30	1	2
December	8	3	4	5 9.30-11.30am YPEP 4	6 Science Voyager Bus	7 P&C Lunch and Assembly	8 P&C Meet 6pm	9
December	9	10 Reports	11	12	13 Kellys Plains Presentation Day	14	15	16
December	10	17	18	19 Last day of school	20	21	22	23



KIDS DISCO!

Proudly Supporting Camp Quality

Friday 7th December 2018
Armidale City Bowling Club, Dumaresq Street

Tickets: \$8pp
Drinks and snacks available for purchase

Time: 6:00 to 7:30pm

Ages: 5-13 years
Adult Supervision— all with Working with Children Check

Theme: Christmas

Tickets may be pre-purchased from the Bowling Club, or on the night and must be presented at the door

BOOK NOW at the Armidale City Bowling Club, 02 6772 5666






Save the Date
Kelly's Plains Public School
Presentation Day
Thursday 13
December 2018
See you there!


Good for Kids good for life


INCREASING VEGETABLE INTAKE


Did you know?
 Only 5% of children in NSW consume the recommended daily serves of vegetables? Kids aged 5-13 should be eating 4.5 to 5.5 serves of vegetables each day.


What is a serve?
















Source: www.eatforhealth.gov.au

How can I get my kids to eat more vegetables?

- Involve your children in grocery shopping and meal preparation.
- Add easy to eat vegetables to the lunchbox.

- Make it fun! Try making vegetable skewers or create funny faces out of vegetables.
- Keep trying, serve vegetables in different ways to see how they like to eat them.
- Be a good role model and eat plenty of vegetables in front of your kids.



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 Teacher: Mrs Lauren Cotter

